

**FOCUS MEDICAL FAMILY PRACTICE**  
**DR STULBERG: ACCESSING MEDICAL CARE**

As a reminder, I am in the office Tuesday, Wednesday and Friday.

Some patients have found the booking process unclear. We want to avoid that. Please know that my booking process is intended to provide patients with different needs access to appointments that fit their needs and schedules.

It is important that you see the doctors in our office and not go to a walk-in clinic, where continuity of care and sharing of information are difficult to achieve.

**Pre-booked Appointments**

Patients can schedule appointments well in advance of the appointment date (weeks, days or even months in advance) using the contact information below. These appointments are available on Tuesday and Wednesday mornings.

**“Same Day” Appointments**

Tuesday and Wednesday afternoons and Friday mornings are reserved for what we call “same day” appointments. The appointments for each day may be booked as follows:

- if you want a Tuesday afternoon appointment, book online or through the office on Tuesday morning;
- if you want a Wednesday afternoon appointment, book online or through the office on Wednesday morning; and,
- if you want a Friday morning appointment, book online or through the office as of Wednesday afternoon.

You can book these by phone (647-748-1881) or online ([focus-medical.genbook.com](http://focus-medical.genbook.com))

If an appointment with me is not available, there are a number of other options so that you can be seen that day and don't have to wait. If the front desk staff tell you that I am not available that day make sure to inquire about one of the following:

1. **AFTER HOURS CARE:** Our Family Health Organization (FHO) offers after-hours care until 8pm in the evenings and one day on the weekend so that there is no need for our patients to go to walk-in clinics. If you need care after our regular hours please phone the **AFTER HOURS CLINIC at 416-488-1148**
2. **TELEHEALTH ADVISORY SERVICE (THAS):** This service provides you 24-hour phone access to a registered nurse who can provide medical advice. Just call 1-866-533-7205.

